

## Pastor Search Process Update

This graphic was created by Pastor Dick to show where we are in the process of calling a new pastor. Note that the last two steps occur after a new pastor has been called, so it shows us approximately halfway through the process. Please continue to pray for guidance in finding the person God has chosen to lead us forward.





# Keeping Up with the Day School

*Martha Sherrod*

On President's Day, our Day School students had the day off. You may have had a break from work that day as well, but the Day School teachers and staff were at work getting their learning on! We each were able to reflect upon and share the gifts we feel we bring to our work at the Day School. We spent the morning connecting with each other and sharing how things are going. We shared and celebrated our successes so far this year. We also were able to spend time helping other with the challenges that we sometimes face in our work. It was good to have the time to sit with each other and strengthen the bond we have as a Day School team. Each of us then proceeded to complete an additional six hours of on-line training on topics such as Early Literacy Development and Social/Emotional Development of Young Children. Did you know that each Day School teacher completes at least 30 hours of continuing education each year?? Now that's what I call a well-trained staff!!



Speaking of which... **Open Enrollment** for the summer and the 2020-2021 school year has started. Please spread the word to anyone you know looking for high-quality, faith-based child care.

By the way, if you are passing by the Day School on Friday, March 6, you just may run into the Cat in the Hat!! We will be celebrating Dr. Seuss birthday on that day. Our Books Alive parade will be on March 27.

Come check out all our little readers dressed as their favorite book character! Keep Calm and Read On!! 😊



Registration is **OPEN** for **SUMMER CAMP 2020** at [www.johnknoxranch.org](http://www.johnknoxranch.org).

Spend the night at summer camp starting at \$295.

Week-long day camp starting at \$265. Early bird discount until April 1.

See you this summer!



# Music from the Slow Lane

Owen Duggan, Music Director and lecturer in Sacred Music at Our Lady of the Lake University

Last year around this time we talked about the origin of the word Lent in English as being ‘Spring,’ coming originally from the Old-German word *lenzo* (pronounced LENT-SO), meaning ‘long’, for the longer days after the winter solstice. The Latin word *lentus* means slow or sluggish. Its apparent adoption into Old German in this instance may have resulted from how slowly the days lengthen and the earth comes back to life after a dark, cold northern winter.

The church has in turn used the term Lent to signify a time of penance and preparation before the celebration of the Resurrection of Jesus. If we think of it as a time of slowing down to allow for thought and a spring cleaning of our minds, we may in turn find new ways to receiving and feeling the true joy of Easter.

Worship music of the season, beginning on Ash Wednesday, will slow down some too. You will hear more hymns and spiritual songs in the minor key (think, ‘I Heard the Voice of Jesus Say,’ Hymn 182) as well as calls to repentance and reflection. It occurred to me that one way to allow for that soul-exploring is to listen to instrumental music of all types throughout your day.

In the age of listening to music on our computers and phones, here are some suggestions of calming instrumental music that should be easy to find and free to listen to. (The artists get paid for the streaming through the ads at the beginning.) Hopefully there’s a little something for everybody!

Moonlight Sonata (Beethoven; 2-hour version)

<https://www.youtube.com/watch?v=pVAqHvxz7ao>

Clair de Lune & more Debussy piano pieces (2 hrs.)

[https://www.youtube.com/watch?v=9uKVI6\\_Fm4g](https://www.youtube.com/watch?v=9uKVI6_Fm4g)

Debussy Arabesque No. 1 (1 hr.)

<https://www.youtube.com/watch?v=Ogx9LgSH-z4&pbjreload=10>

George Winston *December* (full album – 40 min.)

<https://www.youtube.com/watch?v=f5qGUhWPI6w>

Tchaikovsky – The Greatest Hits (2 hrs.)

<https://www.youtube.com/watch?v=teojy6WjKAA>

Aniron (Extended), from *Lord of the Rings* (Enya, words in Gaelic)(7 min.)

<https://www.youtube.com/watch?v=iMyo8I8AKmY&list=RDcXH1ugjl8-o&index=5>

Irish Music | Beautiful Celtic Music | Traditional Irish Folk Music (perfect for St. Patty’s Day, 3 hrs.)

<https://www.youtube.com/watch?v=kJCxTgrbB6c>

Acoustic Folk Music - Appalachian Trail - Guitar & Banjo Autumn Music Mix (for bluegrass lovers, 1 hr.)

<https://www.youtube.com/watch?v=R0j2o9DyI04>

Bluegrass: American Classics - Tennessee River Authority (ditto, 51 min.)

<https://www.youtube.com/watch?v=gj6-IGfkOpk>

Debussy: Preludes, Book I and II (played on a period piano, 1 hr.)

<https://www.youtube.com/watch?v=6Oy-Tu6Hjw4>

Classical Chillout - Pachelbel, Mozart, Beethoven, Debussy, Janacek, Bach, Handel

<https://www.youtube.com/watch?v=hSnD30bcAS8>